

## PREDICTABLE SMILE MAKEOVERS – How to get there safely & efficiently

### Dr. SEBASTIAN DÄRÖSTE

- One of the world's youngest Invisalign Diamond Providers
- Global speaker for Align Technology, Aligner Consulting and more
- Ongoing MSc in Specialist Practice of Clear Aligner Orthodontics
- Affiliate Member of Master Aligner Online Academy
- Postgraduate Diploma in Clear Aligner Therapy

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### KEY POINTS - THEORY

- What attachments exist
- When to use which attachments
- Planning cases for safe IPR
- Performing IPR efficiently
- Communication between technician & dentist
- Easy & multidisciplinary patient examples
- Step by step – Injection Molding Technique (IMT)
- Free-hand or IMT?
- Fixed & removable retention
- Common errors & my mistakes

### KEY POINTS - HANDS-ON/WORKSHOP

- Correct Attachment & Elastics Application
- Performing IPR Safely & Efficiently
- Step By Step Injection Molding Technique (IMT)
- Easy Fixed Retainer Placement & Aligner Adjustment



### PROGRAM

09-11:00 - Aligner Theory

11-12:00 - Hands-On:  
Attachments + IPR

12-13:00 - Lunch

13-16:00 - IMT Theory  
& Live Demo

16-18:00 - Hands-On:  
IMT + Fixed Retainer

(Short breaks before & after lunch)



### TIME & PLACE

31.03.2023 / 09:00-18:00

Plandent HQ

Østensjøveien27, Oslo

### PRICE

7900 NOK incl. VAT (MVA)

Registration is binding  
2x TPS (398€ value) **included**  
via Smart Aligner

### BOOKING & CONTACT

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